

# BreakThru

From Catechism to *Christ*

## THE GOSPEL ACCORDING TO WHOM

### LEARNING EVENT MAKE-UP

#### ACTIVITY: THE GOSPEL ACCORDING TO YOU

This activity is an opportunity to share in greater depth what it is you believe. Parents and students, work on this portion of the activity separately using a separate sheet of paper. Attach your papers to this assignment when you turn them in.

##### Instructions:

##### What do you believe?

**Sit quietly for a minute or two and think about what you believe. What is it that you think matters? Is it friendship? Being kind to others? Chocolate ice cream on a hot day?**

**Use a separate sheet of paper to write, draw, or otherwise express what you believe in. It doesn't have to be religious (though we welcome that). It just has to be true for you.**

#### DISCUSSION: THE GOSPEL ACCORDING TO YOU

When you have taken time to come up with your Gospel(s) According to You, come back together and discuss the questions below:

- When you did this activity, did you find out that you believe something you didn't know you believed? Were you surprised by anything you believe? What?
- Did you find out that you now believe something you didn't used to believe? When did that change?
- If you believe something now that you didn't used to believe, why did that change? What new information or experience informed your belief?

Not everyone believes the exact same thing at the exact same time in the exact same ways. Even one person can have different beliefs at different times in his or her life depending on what that person experiences. Take Thomas, one of Jesus' disciples, for example.

Open your Bibles and read together **John 20:24-29**. Beliefs can change as you have experiences that shape what you believe. Thomas didn't believe that Jesus had risen from the dead until he saw him for himself. As you go through Epiphany's confirmation program, you will be having experiences that will probably have an impact on what you believe.

You'll get to save these gospels you have written now at the beginning of the program and look at them later to see what, if anything, changes for you as you ask tough questions, find out more about your religion, and learn from others about what their faith means to them.



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